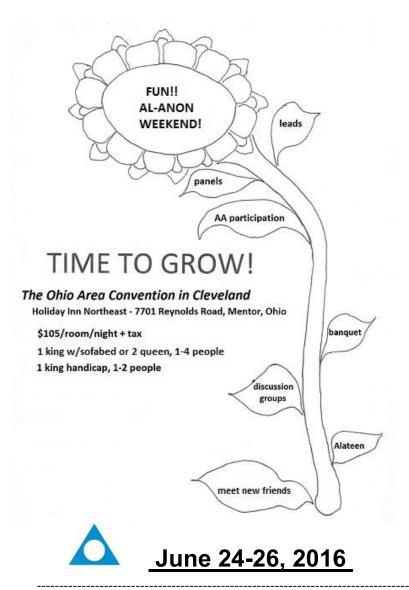
#### 2016 Ohio Area Convention ~ TIME TO GROW!



Please make hotel reservations directly with the Holiday Inn 440-951-7333.

Use group code "OAC2016"

Friday Speakers: Cynthia (Al-Anon) and Fritz (AA) O., Hermitage, PA

Saturday Speaker: Pat (Al-Anon) and Russ (AA) C., Meadville, PA

Sunday Speaker: Merri G.(Al-Anon), Brook Park, OH

To register, please fill out form below and mail to:

OAC Cleveland P.O. Box 334 Mentor, OH 44061-0334

\*Hotel stay NOT required to attend\*

\*\*Registrations do NOT include meals\*\*

\*\*\*You must be registered to

attend the Convention\*\*\*

Convention Weekend Pre-Registration is \$30 (PAI-Anon/AA Alateen (free registration)	Pre-Registration cut off is May 21, 2016), \$35 at the doorgistration)
Name	Checks & Money Orders Payable to:
Address	AFG of Ohio
City State Zip	
EmailPhone	
Registration (select Option 1 OR 2) and Banquet Fee	s:
Option 1: One day pre-registration fee \$25:  Option 2: Convention Registration fee \$30:  Banquet: Saturday Evening Banquet \$30:  Total:	

For more information, please visit the Ohio Assembly website 2016 at: <a href="www.ohioal-anon.org">www.ohioal-anon.org</a> (access the calendar tab on the left hand menu on the home page, then scroll down to the convention date)

## "Time to Grow!" the 2016 Ohio Area Convention June 24 - 26

(partial agenda)

Friday	Saturday	Saturday evening
3:00 PM registration opens	7:30 AM stretching with the slogans	6:00 PM banquet
4:30 PM early bird discussion	8:15 AM early bird discussion	7:30 PM basket raffle
7:30 PM formal opening	9:30 AM formal opening	8:00 PM AA & Al-Anon leads from PA
AA & Al-Anon leads from PA	Alateen panel with Q & A	Toni & the Tonettes
Ala-trivia & Ala-bingo	art wkshop; writing wkshop	
Ala-boutique open	round robin	
many hand crafted items!	singing the Al-Anon way	Sunday morning
	dual member panel	9:30 AM Al-Anon lead Merri G.
		11:00 AM conference ends

#### BANQUET \$30 - reserve by May 21 - options:

1) London Broil (opt. mushroom sauce)

2) Salmon with mango salsa

**3)** vegetarian option: cauliflower steak with creamy mushroom/spinach sauce

**OPTIONS 1, 2, OR 3 INCLUDE:** 

salad, bread, au gratin potatoes, green beans with sweet red

peppers, coffee, hot/iced tea, chef's choice dessert

**4)** gluten-free option: cauliflower steak

**5)** vegan option: cauliflower steak with olive oil, spinach

**OPTION 4 INCLUDES:** 

with creamy mushroom/spinach sauce salad, garlic mashed potatoes, green beans with sweet red

peppers, coffee, hot/iced tea, fresh fruit dessert

**OPTION 5 INCLUDES:** 

salad, fried wedge potatoes, green beans with sweet red peppers, coffee, hot/iced tea, fresh fruit dessert

## yellow 2016 OAC T-Shirts - "Time to Grow!"

2016 OAC T-Shirts - see info on the Cleveland website www.clevelandal-anon.org, under "notices" tab check for \$15 payable to AFG of Ohio, send to PO BOX 334, Mentor OH 44060

### Hotel Info - Holiday Inn Mentor (440) 951-7333 Rte. 306, just south of Rte. 2

- make reservations directly with the hotel by May 21, limited number of rooms available

#### convention rate available Thurs. 6/23 - Sun. 6/26 GROUP CODE "OAC2016"

\$105/room/night + tax all rooms NON-SMOKING, equipped with microwave & mini-fridge

- 1 king bed with sofa bed (capacity 1-4 people)
- 2 queen beds (capacity 1-4 people)
- 1 king handicap (1-2 people) tell hotel if you need roll-in shower, not just tub grab bars
- NO meals included
- exercise room, indoor pool
- many restaurants, Great Lakes Mall close by

SEE Ohio Assembly website for map - www.ohioal-anon.org, click on "calendar" tab on left

# 2016 Ohio Area Convention Agenda

Please see convention program for final agenda and meeting room locations

Friday					
3:00 PM	Hotel and convention registration begin - Hospitality room opens				
4:30 PM	Open Al-Anon early bird discussion	OR	Open AA early bird discussion		
	DINNER ON YOUR OWN				
7:30 PM	7:30 PM Formal opening - AA & Al-Anon speakers from Pennsylvania				
9:15 PM	Ala-videos & popcorn:	OR	Skit "Measuring My Growth" and games:		
	" Lois's Story" + "Lois & the Pioneers"		Ala-trivia, Ala-bingo, Ala-charades		
Hospitality room open to 11:00 PM					
Ala-boutique open 3 - 7:30 PM, 9:15 PM - ?					
Many hand-crafted items!					

	Sat	urday				
6:00 AM	Hotel breakfast hours 6am - 10am, menu or buffet (not included in convention registration)					
7:00 AM	Hospitality room open for breakfast, remains open to 11 PM					
7:30 AM	Stretching with the slogans (optional)					
8:15 AM	Wake up with the page of the day (optional)					
9:30 AM	Formal opening					
10:00 AM	Alateen panel with Q & A	OR	Why AA & Al-Anon work for me			
11:00 AM	Round Robin discussions	OR	Art workshop			
NOON	LUN	ICH ON YO	UR OWN			
	\$10 soup & salad buffet	available ir	n hotel restaurant			
	Pizza, salad & cookie	s in the ho	spitality room			
	Many resta	aurants nea	arby			
1:30 PM	Ala-sing-along	OR	Skit "The Clearing House"			
2:00 PM	Dual member panel with Q & A	OR	Writing for The Forum workshop			
3:00 PM	Grief panel	OR	Ala-videos matinee (no popcorn allowed)			
4:00 PM	Grief comments & discussion					
6:00 PM	BANQUET - by RESERVATION only					
7:30 PM		Basket ra	iffle			
8:00 PM	AA & Al-And	on leads fro	om Pennsylvania			
9:45 PM	Toni & the Tonettes perform					
	Hospital	ity room o	pen to 11 PM			
	Ala-boutique open 8 - 9:30	AM, noon	- 1:30 PM, additonal times TBD			
	Many hand-crafted items					
	10:15	PM CLOSE	OUT SALE !!!			

Sunday		
7:00 AM	Hospitality room open for breakfast	
9:30 AM	Hospitality room CLOSES	
9:30 AM	Formal opening	
10:00 AM	Al-Anon lead Merri G. with music	
11:00 AM	Introduce Akron 2017 OAC & the 2016 OAC closes	
-	Please pick up your dishes in hospitality room	